

**I. AMENDMENTS TO THE CLAIMS:**

Kindly amend claims 36 and 37, and add new claims 38-47 as follows.

The present listing of claims replaces all prior versions and listings of claims in the above-captioned application.

**Listing of Claims**

Claims 1-20 have been canceled.

21. (Previously Presented) A method for dispensing a substance into a mouth, wherein the substance is selected from the group consisting of a breath freshener and a flavoring agent, the method comprising the steps of:

providing a mouth and tongue stud including a means for dispensing a substance formed in a portion of the stud, wherein the means for dispensing a substance contains the substance and wherein the stud further comprises a bar having ends, a first end member attached to one end of the bar and a second end member attached to an other end of the bar, and the first end member removably attaches to the one end of the bar;

mounting the bar of the stud in a fistula formed in a wearer's tongue or in the wearer's lip;  
and

dispensing the substance into the wearer's mouth, wherein the substance is dispensed into the wearer's mouth by dissolving the substance over time in the wearer's saliva.

22. (Previously presented) A method as recited in claim 21, wherein the substance comprises a breath freshener.

23. (Previously presented) A method as recited in claim 21, wherein the substance comprises a flavoring agent.

24. (Previously presented) A method as recited in claim 23, wherein the substance includes a breath freshener mixed with the flavoring agent.

25. (Previously presented) A method as recited in claim 22, wherein a medication is mixed with the breath freshener.

26. (Previously presented) A method as recited in claim 23, wherein a medication is mixed with the flavoring agent.

27. (Previously presented) A method as recited in claim 24, wherein a medication is mixed with the breath freshener and the flavoring agent.

28. (Cancelled)

29. (Cancelled)

30. (Cancelled)

31. (Previously Presented) A method for dispensing a substance into a mouth, wherein the substance is a medication, the method comprising the steps of:

providing a mouth and tongue stud including a means for dispensing a substance formed in a portion of the stud, wherein the means for dispensing a substance contains the medication and wherein the stud comprises a bar having ends, a first end member attached to one end of the bar and a second end member attached to an other end of the bar, and the first end member removably attaches to the one end of the bar;

mounting the bar of the stud in a fistula formed in a wearer's tongue or in the wearer's lip;  
and

dispensing the medication into the wearer's mouth, wherein the substance is dispensed into the wearer's mouth by dissolving the substance over time in the wearer's saliva.

32. (Canceled)

33. (Canceled)

34. (Canceled)

35. (Canceled)

36. (Currently Amended) A method for dispensing a substance into a mouth, wherein the substance is selected from the group consisting of a breath freshener and a flavoring agent, the method comprising the steps of:

providing a mouth and tongue stud including a means for dispensing a substance formed in a portion of the stud, wherein the means for dispensing a substance contains the substance and wherein the stud comprises a bar having ends, a first end member attached to one end of the bar and a second end member attached to an other end of the bar, wherein the bar is a straight solid bar made of metal and the first end member removably attaches to the one end of the bar;

mounting the bar of the stud in a fistula formed in a part of a wearer's mouth; and

dispensing the substance into the wearer's mouth, wherein the substance is dispensed into the wearer's mouth by dissolving the substance over time in the wearer's saliva.

37. (Currently Amended) A method for dispensing a substance into a mouth, wherein the substance is a medication, the method comprising the steps of:

providing a mouth and tongue stud including a means for dispensing a substance formed in a portion of the stud, wherein the means for dispensing a substance contains the medication and wherein the stud comprises a bar having ends, a first end member attached to one end of the bar and a second end member attached to an other end of the bar, wherein the bar is a straight solid bar made of

metal and the first end member removably attaches to the one end of the bar;

mounting the bar of the stud in a fistula formed in a part of a wearer's mouth; and

dispensing the medication into the wearer's mouth, wherein the substance is dispensed into the wearer's mouth by dissolving the substance over time in the wearer's saliva.

38. (NEW) A method for dispensing a substance into a mouth, wherein the substance is selected from the group consisting of a breath freshener and a flavoring agent, the method comprising the steps of:

providing a mouth and tongue stud including a means for dispensing a substance formed in a portion of the stud, wherein the means for dispensing a substance contains the substance and wherein the stud further comprises a bar having ends, a first end member attached to one end of the bar and a second end member attached to an other end of the bar, and the first end member removably attaches to the one end of the bar;

mounting the bar of the stud in a fistula formed in a wearer's tongue or in the wearer's lip so that the first end member and the second end member hold the stud in the fistula; and

dispensing the substance into the wearer's mouth, wherein the substance is dispensed by diffusing the substance from the stud into the wearer's mouth over time in the wearer's saliva.

39. (NEW) A method for dispensing a substance into a mouth, wherein the substance is a medication, the method comprising the steps of:

providing a mouth and tongue stud including a means for dispensing a substance formed in a portion of the stud, wherein the means for dispensing a substance contains the substance and wherein the stud further comprises a bar having ends, a first end member attached to one end of the bar and a second end member attached to an other end of the bar, and the first end member removably attaches to the one end of the bar;

mounting the bar of the stud in a fistula formed in a wearer's tongue or in the wearer's lip so that the first end member and the second end member hold the stud in the fistula; and

dispensing the substance into the wearer's mouth, wherein the substance is dispensed by diffusing the substance from the stud into the wearer's mouth over time in the wearer's saliva.

40. (NEW) A method as recited in claim 38, wherein an insert is disposed in the means for dispensing a substance.

41. (NEW) A method as recited in claim 39, wherein an insert is disposed in the means for dispensing a substance.

42. (NEW) A method as recited in claim 22, wherein the substance has a form selected from the group consisting of a solid crystallized form, a gel, a foam and a tablet form.

43. (NEW) A method as recited in claim 31, wherein the substance has a form selected from the group consisting of a solid crystallized form, a gel, a foam and a tablet form.

44. (NEW) A method for dispensing a substance into a mouth, wherein the substance is selected from the group consisting of a breath freshener and a flavoring agent, the method comprising the steps of:

providing a mouth and tongue stud including a means for dispensing a substance formed in a portion of the stud, wherein the means for dispensing a substance contains the substance and wherein the stud further comprises a bar having ends, a first end member attached to one end of the bar and a second end member attached to an other end of the bar, and the first end member removably attaches to the one end of the bar;

mounting the bar of the stud in a fistula formed in a wearer's tongue or in the wearer's lip so that the first end member and the second end member hold the stud in the fistula; and

dispensing the substance into the wearer's mouth, wherein the substance is dispensed by leaching the substance from the stud into the wearer's mouth over time in the wearer's saliva.

45. (NEW) A method for dispensing a substance into a mouth, wherein the substance is a medication, the method comprising the steps of:

providing a mouth and tongue stud including a means for dispensing a substance formed in a portion of the stud, wherein the means for dispensing a substance contains the substance and wherein the stud further comprises a bar having ends, a first end member attached to one end of the bar and a second end member attached to an other end of the bar, and the first end member removably attaches to the one end of the bar;

mounting the bar of the stud in a fistula formed in a wearer's tongue or in the wearer's lip so that the first end member and the second end member hold the stud in the fistula; and

dispensing the substance into the wearer's mouth, wherein the substance is dispensed by leaching the substance from the stud into the wearer's mouth over time in the wearer's saliva.

46. (NEW) A method as recited in claim 22, wherein the bar is a solid bar and the means for dispensing a substance is formed in the second end member.

47. (NEW) A method as recited in claim 31, wherein the bar is a solid bar and the means for dispensing a substance is formed in the second end member.